

Dear Colleagues

Following on from the hugely successful events delivered earlier this year and numerous discussions with Marilyn Birks at the Aimhigher Surrey Partnership, Positively MAD is now delighted to be able to offer your school one of our high impact seminars or coaching workshops.

Our programmes are dynamic, multi-sensory experiences that focus on raising the students aspirations whilst equipping them with valuable tools and techniques that help aid their revision and study - but, more importantly it helps ease their path into higher and further education.

Please find below an overview of each of the available programmes but further information can also be found on our website: [www.positivelymad.co.uk](http://www.positivelymad.co.uk)

### **Super Speed Study Skills**

Many young people don't know how to study efficiently and effectively. By knowing how to study students maximize their time, improve their learning and also reduce stress. Research indicates that successful students follow smart study habits to utilise their effectiveness.

This dynamic programme gathers together a combination of practical strategies and techniques for studying with modern research in Accelerated Learning and Neuroscience. The content is based on over 30 years of combined experience and research into effective study habits and will enable your students to learn efficiently and effectively.

Through an entertaining and interactive seminar, students of all abilities will discover how they learn and how to learn quickly. Students will engage with tools and techniques that they can use immediately in the classroom or at home. Super Speed Study Skills has already been successfully delivered to over 250,000 students across the UK with remarkable results.

Aimed at cohorts of up to 150 students from years 8-13.

### **Exam Busters**

The Exam Busters course has been specifically designed with one major outcome in mind; to assist students in attaining the best possible results in their Mocks, GCSE and A-level exams. Developed in conjunction with world-class memory 'Grand-wizards', this seminar introduces students to the most powerful and widely-used memory techniques known.

This course will ensure that your students have all the techniques and tools required to prepare themselves for their forthcoming exams. Failing to prepare is preparing to fail.

In this 2 hour workshop we aim to share the tools and techniques which will help all students make the most of their revision time. It will help boost the performance of their memories helping them to easily retain facts and information. We will also provide strategies for dealing with stress and nerves so that all students can remain calm and confident during exam week.

Aimed at cohorts of up to 150 students from years 10-13.

### **Mastering Student Motivation**

The Mastering Student Motivation course moves each student towards creating and sustaining a powerful inner drive and motivation to improve classroom performance/exam results. Students are more likely to see the benefit and worth of applying themselves to achieve success in school if they can place it within the context of their own aspirations. This programme will allow students to regard exams and tests as necessary stepping stones to future attainment.

By reinforcing positive beliefs and challenging unhelpful paradigms we can guide students to become self-aware and enable them to take ownership and personal responsibility in all areas of their lives.

Aimed at cohorts of up to 150 students from years 10-13.

## **Goal Mapping**

Described as a 'truly universal tool for attainment' the Goal Mapping workshop is inclusive of age, sex and ability. The programme has been successfully implemented and adopted by many Aimhigher Partnerships and over 600 UK schools with measurable improved results.

Learning how to set Goals is a highly personalised experience allowing students to take immediate ownership and develop a sense of responsibility for their own future. They are able to visualise the route needed to achieve the results required and are encouraged to verbalise their progress along the way. Goal Maps therefore make excellent review material and afford the opportunity for teachers to build a meaningful relationship with their students as they can jointly chart their progress to personal success.

Aimed at cohorts of up to 60 students from years 8-13.

## **Hooks, Lines & Thinkers: English/Science**

During 2009 Positively MAD were asked to develop two subject specific workshops for the Aimhigher Surrey Partnership. The Hooks, Lines & Thinkers Science & English events were met with some fantastic feedback from schools within the Surrey Partnership.

### **English**

The Hooks, Lines & Thinkers English workshop is a 2 hour session which will enable students to use creative approaches to learning and appreciating key areas of the English curriculum so that they are better able to cope with the demands of the GCSE examinations. Students will discover an improvement in their spelling, reading, writing, thinking skills and gain a more positive and confident attitude towards their examinations.

The overall objective of the workshop is to raise attainment levels in the English GCSE examinations by showing students fun-filled and practical techniques by which to improve their performance. Students are taught a ten hook memory system and then shown how to attach vivid images that will serve as triggers to enable them to recall large chunks of information. On each hook we place tips and techniques to improve English creative writing skills.

### **Science**

The Hooks, Lines & Thinkers Science workshop is a 2 hour session designed to show students fun-filled and effective ways to retain and recall information needed for their Science GCSE examinations. The workshops will cover aspects of the Biology, Physics and Chemistry sections of the examination and provide students with a range of effective learning techniques that incorporate different learning styles and approaches.

By the end of the workshop the students will have an understanding of how to use the Roman room System to remember facts about the periodic table. We will also show them how to use the Journey System to remember key facts regarding the human organ systems. They will also be shown how to use Summary Posters to help remember the properties of metals and we will explain how to create mnemonic notes. There will also be a Quick Fire Quiz session regarding key facts on the animal kingdom.

Aimed at cohorts of no more than 30 students for years 10 & 11.

Should you require any further information regarding the content on our workshops/programmes or wish to discuss suitable dates then please do not hesitate to contact us. For your records please find our contact information below:

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